Oakland County
YOUTH MOBILE CRISIS TEAM
877-800-1650

For families and individuals across Oakland County, Youth Mobile Crisis Services are available to help teens, young adults and children who are experiencing a mental health crisis. Provided by New Oakland Family Centers, the services of the Oakland County youth mobile crisis program involve:

- **Rapid mobile response** with therapists who come to your location to help
- **On-the-spot counseling** by mental health professionals to help stabilize emotional and/or behavioral functioning
- **Assessment and coordination** for continued stabilization
- **Connections and referrals** to ongoing services and supports for individuals and families

**What are some examples of a crisis?**

- Suicidal thoughts
- Threatening behaviors
- Loss of coping skills
- Social isolation
- Self-harm
- Aggression
- Property destruction
- Dangerous or impulsive decision-making

Ask yourself whether the person in crisis is a danger to self or to others. If the answer is YES, we can help. Especially if the person is YOU.